

Valerian Root

Item #451 (rev. 0)

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	Daily Value
Magnesium (Magnesium Oxide)	115 mg 27%
Valerian Root Extract	175 mg † (standardized to 0.8% Valerenic Acids)

† Daily Value Not Established

Other Ingredients: Hypromellose (capsule), Magnesium Stearate, Silicon Dioxide.